

Běi Měizhōu 'Hao Ch'uan' Association

Běi Měizhōu 'Hao ch'uan' simply translated to a modern verbiage “North American Tai Chi Chuan”. The name for the North American continent is běi měizhōu; and 'hao ch'uan' means loose boxing”. A more straightforward translation is ‘the loose boxing method of the American continent’.

Many Tai Chi and Tai Chi Chuan practitioners and schools in North America have no organization to call home; the Běi Měizhōu 'Hao Ch'uan' Association can be that home. The Běi Měizhōu 'Hao Ch'uan' Association aims to bring together all forms and styles of Tai Chi and Tai Chi Chuan and operate in association with each individual to promote and successfully influence clubs to higher recognition World Wide. The Běi Měizhōu 'Hao Ch'uan' Association does not discriminate against any style of Tai Chi Chuan or Tai Chi, we are here to assist all styles and all sizes of clubs, from smaller through to larger clubs. We are here to assist all members within our association and to help in any areas required by our members. We do not interfere with the running of individual schools but support and recognize each martial artist and club as highly valued members within the Běi Měizhōu 'Hao Ch'uan' Association.

We do not GOVERN your school; your rules and regulations are your own and we respect every instructors discipline and control. Each club is free to operate under their own syllabus.

The Běi Měizhōu 'Hao Ch'uan' Association accepts Tai Chi and Tai Chi Chuan traditions from all lineages. We are very glad to offer a **FREE MEMBERSHIP** to all those, who are interested to join us as a member of our organization. To join email the association at Bashawcj@gmail.com with the following information: your brief bio data about yourself to include your tai chi and martial experience, your name, mailing address (with country) date of birth, gender, if you are a student or instructor and website of where you study (instructors may register their club). Members will receive a membership certificate via email and may use the Běi Měizhōu 'Hao Ch'uan' Association logo on their website, certificates and awards, and patches.



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Běi Měizhōu 'Hao ch'uan' Crest

The swastika (also known as the gammadion cross or cross cramponnée) is a symbol is considered to be a very sacred and auspicious symbol. The word swastika derives from the Sanskrit svastika "lucky or auspicious object". The older term gammadion cross derives mainly from its appearance, which is identical to four Greek gamma letters affixed to each other. In South Asia, the swastika is omnipresent as a symbol of wealth and good fortune; iconography of China and Japan it has been used to denote plurality, abundance, prosperity, and long life. In the Buddhist tradition the swastika symbolizes the feet, or the footprints, of the Buddha.

In Zen Buddhism, an ensō is a circle that is hand-drawn in one or two uninhibited brushstrokes to express a moment when the mind is free to let the body create. The ensō symbolizes absolute enlightenment, strength, elegance, the universe, and mu (the void).