

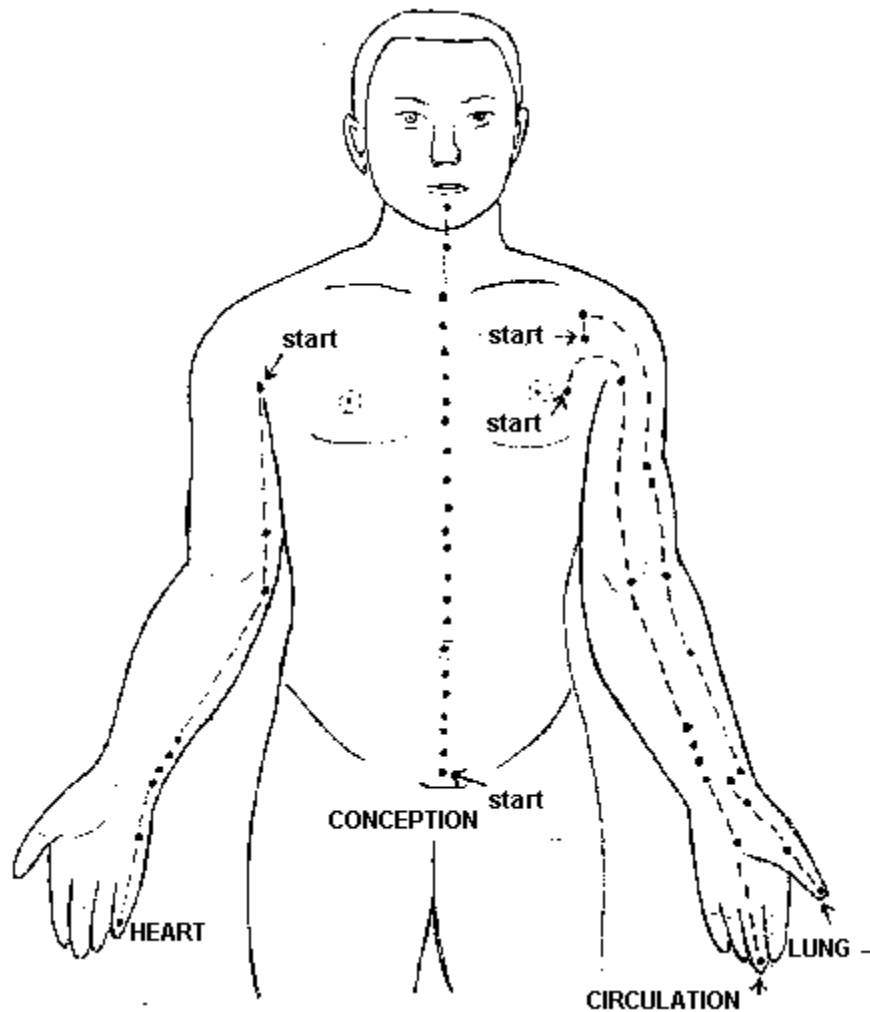
MERIDIAN - DISEASE RELATIONSHIPS

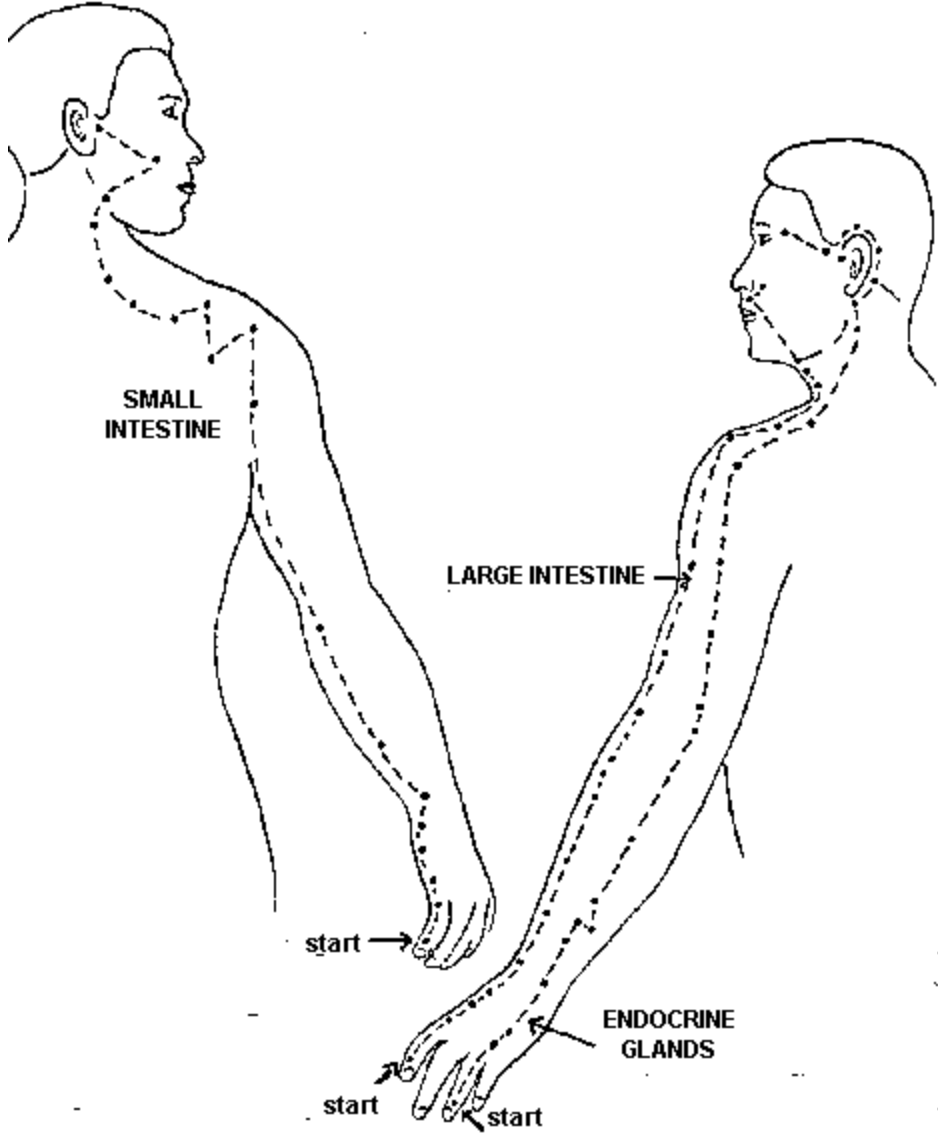
Meridian with the time of maximum activity	Associated symptoms
Bladder (B) 3-5 p.m.	bladder problems, headache, eye diseases, neck and back problems, pain along the back of the leg
Circulation (C) 7-9p.m.	poor circulation, angina, palpitation, diseases of the sexual glands and organs, irritability, pain along the course of the meridian
Conception (Co)	diseases of the urogenital system, hernia, cough, breathing difficulties, breast problems
Gall bladder (G) 11 p.m.-1 a.m.	Gall bladder problems, ear diseases, migraine, hip problems, dizziness, pain along the meridian
Gland Meridian (Gd) 9-11 p.m. (Triple Warmer)	diseases of the thyroid and adrenal glands, ear problems, sore throat, abdominal distension, edema, swelling of cheek, pain along the meridian
Governing Meridian (Gv)	spinal problems, mental disorders, fever, nose problems, headaches
Heart (H) 11 a.m.-1 p.m.	heart problems, dryness of the throat, jaundice, pain along the course of the meridian
Kidney(K) 5-7 p.m.	kidney problems, lung problems, dry tongue, lumbago, edema, constipation, diarrhea, pain and weakness along the course of the meridian
Large Intestine (Li) 5-7 a.m.	abdominal pain, constipation, diarrhea, sore throat, toothache in the lower gum, nasal discharge and bleeding, pain along the course of the meridian
Liver (Lv) 1-3 a.m.	liver problems, lumbago, vomiting, hernia, urination problems, pain in the lower abdomen and along the course of the meridian
Lung (L) 3-5 a.m.	respiratory diseases, sore throat, cough, common cold, pain in the shoulder and along the meridian
Small Intestine (Si) 1-3 p.m.	pain in the lower abdomen, sore throat, swelling or paralysis of face, deafness, pain along the meridian
Spleen (Sp) 9-11 a.m.	problems of the spleen and pancreas, abdominal distension, jaundice, general weakness and sluggishness, tongue

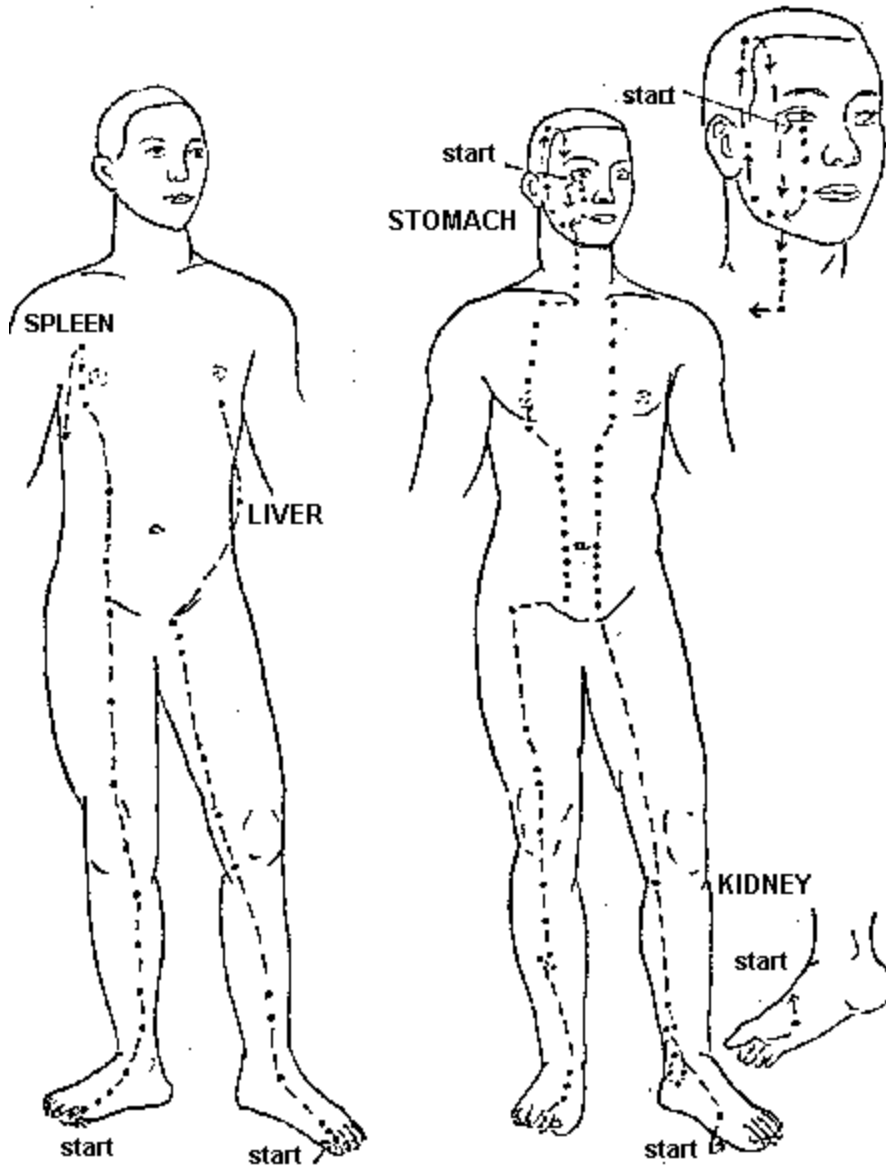
problems, vomiting, pain and swellings along the course of the meridian

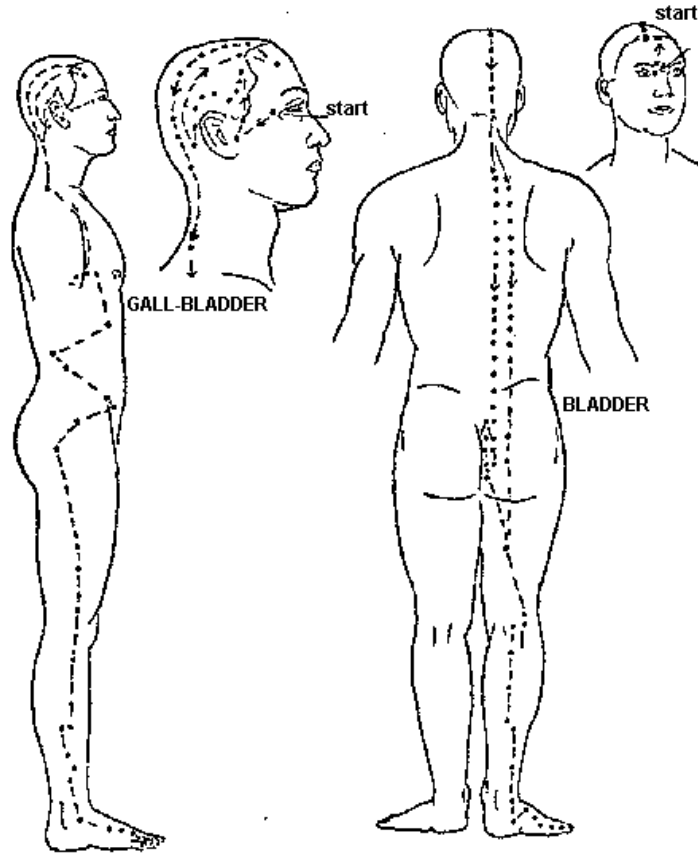
Stomach (S) 7-9 a.m. stomach problems, abdominal pain, distension, edema, vomiting, sore throat, facial paralysis, upper gum toothache, nose bleeding, pain along the meridian

CHART OF ACUPUNCTURE MERIDIANS

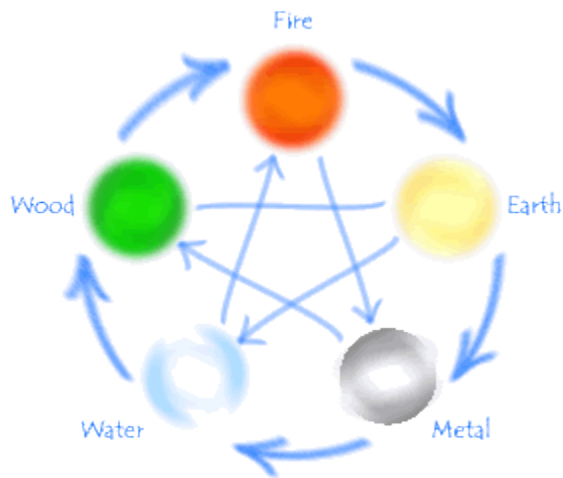








	FIRE	EARTH	METAL	WATER	WOOD
Yin Organs	Heart & Pericardium	Spleen	Lungs	Kidneys	Liver
Yang Organs	Small Intestine & Triple Heater	Stomach	Large Intestine	Bladder	Gall Bladder



In the **Creative cycle**, Wood nourishes Fire, which nourishes Earth, which nourishes Metal, which nourishes Water, which nourishes Wood.

In the **Controlling cycle**, Fire destroys Metal, which destroys Wood, which destroys Earth, which destroys Water, which destroys Fire.